

THE 3 DOORS

Transforming Lives Through Meditation

ANNUAL REPORT 2025



Europe



Latin America



North America

Contents

- About The 3 Doors..... 3*
- Letters from the Executive Director and Senior Teachers 4*
- Honoring Our Past as We Step into the Future 5*
- Our Core Programs 6*
- A Commitment to Access 7*
- Awakening Inner Resources: A New Series of Foundational Programs..... 8*
- The 3 Doors Academy Runs in All Three Regions 9*
- Academy Participants Share Their Experiences10*
- The Compassion Project: A Pathway to Compassion for Self and Others 11*
- First In-Person Compassion Project Reunion Retreat..... 12*
- A Journey to Wholeness: Walking The Healing Path, Advanced Course..... 13*
- Gathering as a Global Community 14*
- 3 Doors Teachers and Presenters Touch Thousands of Lives 15*
- Strengthening Our Organization—To Strengthen Our Impact..... 16*
- 2025 Financials 17*
- Thank You to Our Donors 19*



The 3 Doors

The 3 Doors is an international nonprofit organization that offers contemplative and secular meditation practices derived from the Tibetan Bön Buddhist tradition. Our online and in-person programs support personal reflection and transformation in the safe space of inclusive community. Together we discover the capacity to be fully present to our own lives and the lives of others and to meet the challenges of our world with wisdom and compassion.

Founded in 2010 by Tenzin Wangyal Rinpoche, a Tibetan mediation master, The 3 Doors is a vibrant ever-expanding practitioner community committed to supporting one's natural inclination to serve the well-being of others.

We offer:

- In-Depth Meditation Programs
- Life-Long Learning and Community
- Global Meditation Events
- Presenter and Teacher Training
- Practice Groups and Community Gatherings



"I feel like whatever comes, I can meet it... This is freedom."

—Johanna Hinrichs, Practitioner

Letters from the Executive Director and Senior Teachers



SUSIE DAILY, EXECUTIVE DIRECTOR

Dear Friends of The 3 Doors,

There is a lot moving in our world right now, much of it difficult to hold. And yet, here we are, continuing to practice opening our hearts to ourselves, to each other, and to the world, just as it is. I find our practices and our community to be a real source of solace. And I find it particularly heartening to reflect on the ways we have come together over the last year to support one another and to discover what these ancient practices have to offer us.

In these pages, you'll encounter the people of this community, see their faces, read their words, and sense the ongoing growth and meaningful impact The 3 Doors is having. I hope you will join me in celebrating the openings in individual lives, both

small and large, as well as the collective impact of people committed to being of benefit.

2025 marked a meaningful milestone—The 3 Doors celebrated 15 years of transforming lives through meditation.

In 2025, your support made it possible to reach hundreds of participants across dozens of countries, while continuing to prioritize accessibility through scholarships, free offerings, and community practice groups.

We also turned our attention to the future. Through a community-informed strategic planning process, we identified key priorities: clarifying our organizational structure, strengthening financial sustainability, supporting the development and succession of our teachers, expanding our reach, and enhancing our ethical foundations. This work is already underway and is building a stronger, more resilient organization for the years ahead. Read more on page 7.

I am deeply grateful to our donors, volunteers, teachers, staff, and global community. You make the work highlighted in these pages possible, helping people live more authentically and with greater compassion, allowing for the expression of their natural gifts.

With appreciation,
Susie Daily



L to R: Alejandro Chaoul, Raven Lee, Gabriel Rocco, Marcy Vaughn

SENIOR TEACHERS

Dear Community,

As we reflect on the past year, we feel deep appreciation for the vitality, generosity, and warmth of presence expressed within our 3 Doors community.

Over this past year, we engaged in a strategic planning process and invited community members to voice their aspirations and needs. One message came through strongly: the wish to see The 3 Doors teachings benefit others far into the future. You asked us to turn toward succession planning—an invitation and responsibility we have taken to heart.

2025 saw new teachers offering the Academy in all three regions. It has also been a year of collaboration as we planned the new Teacher Training program. 31 practitioners from 11 countries are now preparing to offer the teachings to new populations.

Along with these developments, we remain aware of the broader challenges shaping our world. In the presence of uncertainty, grief, violence, and greed, we are called to remain open—to feel what is here, to stay present and connected, and to act with compassion. We are reminded again and again that there is more that connects us than separates us. We have experienced this directly in our international programs in 2025, as people from diverse cultures came together to meditate and share openly. We sensed our human-made boundaries softening to reveal a boundless and shared warmth.

Inner Refuge is not an escape; it is a living ground of support that allows us to meet life fully, as whole human beings. It is from this ground of being that our work together continues.

Thank you for your presence, your practice, and your trust.

With warmth and love,
Alejandro, Raven, Gabriel, and Marcy

Honoring Our Past as We Step into the Future

Celebrating 15 years of The 3 Doors

The 3 Doors is rooted in the Dzogchen tradition of Tibetan Bön Buddhism, which teaches that each of us is inherently whole as we are. Meditation is a way of recognizing this, easing suffering and allowing for the emergence of compassionate action.

Our founder, Tenzin Wangyal Rinpoche—born in India to Tibetan refugees—began his training at age 13 with great masters, including his teacher Yongdzin Tenzin Namdak Rinpoche, who passed away in 2025 at age 100. The 3 Doors is here because of the courage and resilience of these teachers, ensuring that this thousand-year-old lineage would continue to live and be shared.

Rinpoche reflects on his beloved teacher:

“Throughout his remarkable life, he embodied selfless service in every action, every breath, every silence, and every word. He faced unimaginable hardships—losing his homeland, his monastery, and many beloved companions during his escape into exile. Yet through it all, he remained a beacon of compassion and simplicity, never deviating from his unwavering path of devotion. In his presence, you didn’t just feel peace—you remembered your own innate goodness.”

— Tenzin Wangyal Rinpoche

With his teacher’s blessing, Rinpoche brought Bön to the West and founded Ligmincha International. He later established The 3 Doors to offer these practices to people of diverse spiritual and secular backgrounds in ways that are accessible and relevant to contemporary life.

In an event celebrating our organization’s 15-year history, Rinpoche shared:



“Life is amazing, you know? There was a little openness somewhere in me... and this—The 3 Doors—came out of that openness.”

— Tenzin Wangyal Rinpoche

Today, Senior Teachers Alejandro Chaoul, Raven Lee, Gabriel Rocco, and Marcy Vaughn, alongside a growing group of Teachers and Presenters, carry these teachings forward. In 2026, the second Teacher Training program will continue the flourishing of Rinpoche’s vision.



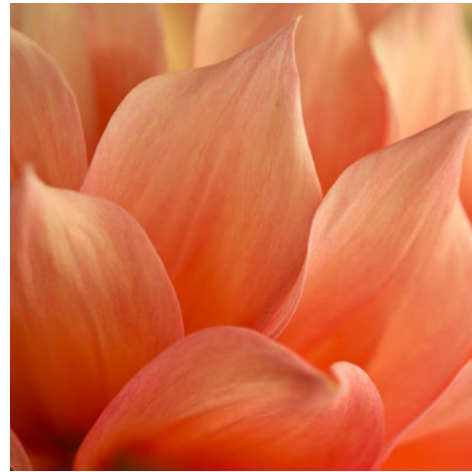
Our Core Programs



THE 3 DOORS ACADEMY

2.5 years, **in-person and online**

Our signature program: an immersive meditation training for personal, relational, and societal transformation.



THE COMPASSION PROJECT

9 months, **online**

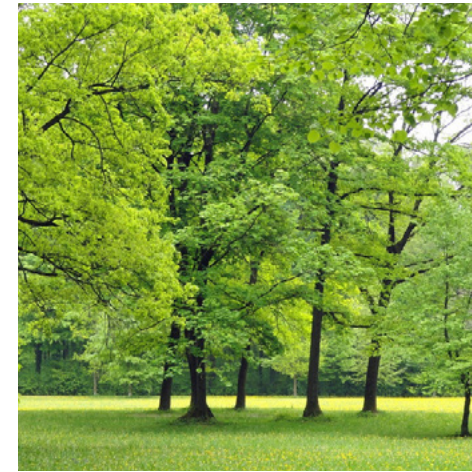
A comprehensive exploration of meditation as a pathway to compassion for self and others.



AWAKENING INNER RESOURCES:

Foundational Programs

Various lengths, **online**
Introductory courses developed for those new to 3 Doors meditation and those wishing to deepen their relationship with our core practices.



WALKING THE HEALING PATH

Various lengths, **online and in-person**

A program designed for people who work in a healing capacity and those who are sensitive to the energies of others.



PRESENTERS PATH & TEACHER TRAINING

1 year training programs, **online**

A progression of training for practitioners who have completed the Academy and are interested in deepening their practice by guiding meditation and serving the well-being of others.



SELF-PACED COURSES

Various lengths, **online**
Pre-recorded programs that allow students to listen, learn, and practice at their own pace.



604 people from 37 countries

participated in 3 Doors programs - **from Costa Rica and Canada to Israel and Australia** - accessing refuge in community during increasingly challenging times

"The sharing that takes place in our retreats—the openness and honesty—is incredible: I see participants in the process of recognizing their disconnection and suffering, hear how they are able to work with it and hold their pain close, and then see them reconnect to the joy of their life."

—Gabriel Rocco

A Commitment to Access

The 3 Doors welcomes people of all backgrounds, religious affiliations, races, sexual orientations, gender identities, ages, and abilities.

We are committed to making our programs accessible to people regardless of financial constraints.

100% of requests for scholarships were granted in 2025

150 people were helped by scholarships and sliding scale pricing to access and benefit from 3 Doors programs.

379 people benefited from free programs and community gatherings.

FREE EVENTS:

- **International Practice Days**
- **Compassion Project Full Day Retreat**
- **Compassion Project Monthly Practices**
- **Academy Graduate Quarterly Practices**
- **Thursday Evening Practice in Latin America and North America**
- **Global Practice with Marcy Vaughn**

GABRIEL ROCCO GENEROSITY FUND:

The Gabriel Rocco Generosity Fund was established in 2024 as part of our commitment to ensure 3 Doors meditation teachings and practices are accessible to all. This fund honors the many contributions of our Senior Teacher, Gabriel Rocco, by providing scholarships to participants in programs hosted by the North American organization.



"When I couldn't afford to participate, I accepted financial support. Someone else, or much more likely, many people, made it possible for me to attend. Now, as the year ends, I realize that my financial situation has improved. This makes it possible for me to donate, to contribute to the future of others."

—Phil Tonne, Previous Academy Participant, Teacher, Donor



Gabriel Rocco speaks to a group of practitioners at a Compassion Project retreat.



"The 3 Doors has helped me to engage with suffering in ways that feel authentic and effective, without becoming overwhelmed by despair or losing hope. I have greater trust and less fear."

—Nancy Watts, Current Academy Participant, Scholarship Recipient

Awakening Inner Resources: A New Series of Foundational Programs

Meditation practices for transforming reactivity, discovering wellbeing, and meeting the world with an open heart



"Becoming aware of even a single moment of openness offers a taste of freedom—we are no longer bound by our habitual fears and anxieties."

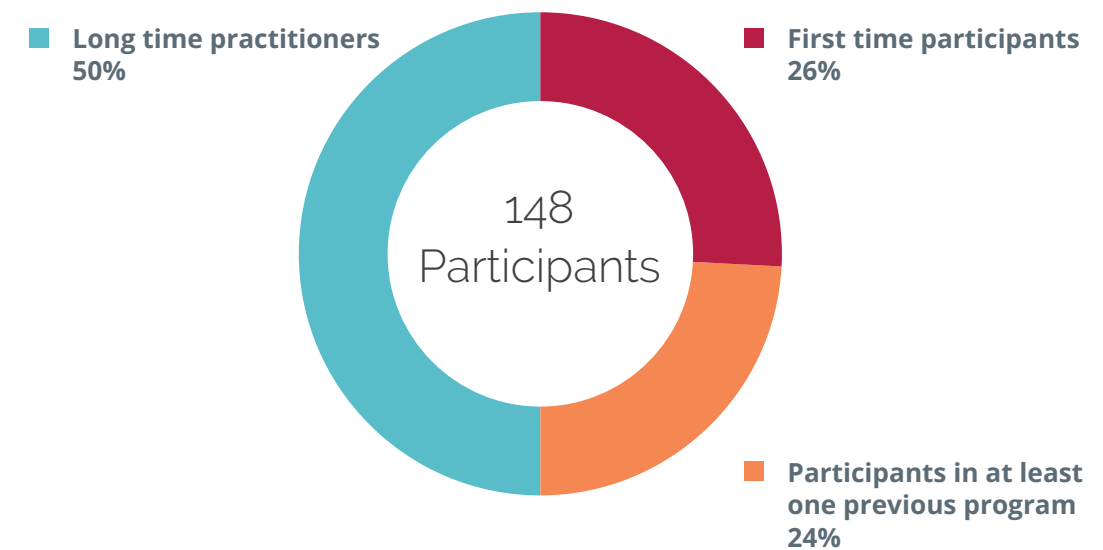
—Marcy Vaughn, Senior Teacher

"The movements of Tsa Lung have strengthened my body awareness and promoted a greater flow of energy, which has had a positive impact on my health and concentration."

—Marta Tavares. Participant

In 2025 we relaunched our foundational programs with a new four-part series. Each of our core practices was taught by one of our Senior Teachers, the original creators of these courses. The goal was to introduce newcomers to The 3 Doors' powerful mediation practices, and support experienced practitioners to return to the fundamentals of practice with a beginner's mind.

- **Stillness, Silence, and Spaciousness**
Doorways to Inner Refuge with Raven Lee
- **Releasing Reactive Patterns** with the Nine Breathings of Purification with Gabriel Rocco
- **Awakening Vital Energy through Movement** with Tsa Lung with Alejandro Chaoul
- **Engaging the Voice for Healing** with the Five Warrior Syllables with Marcy Vaughn



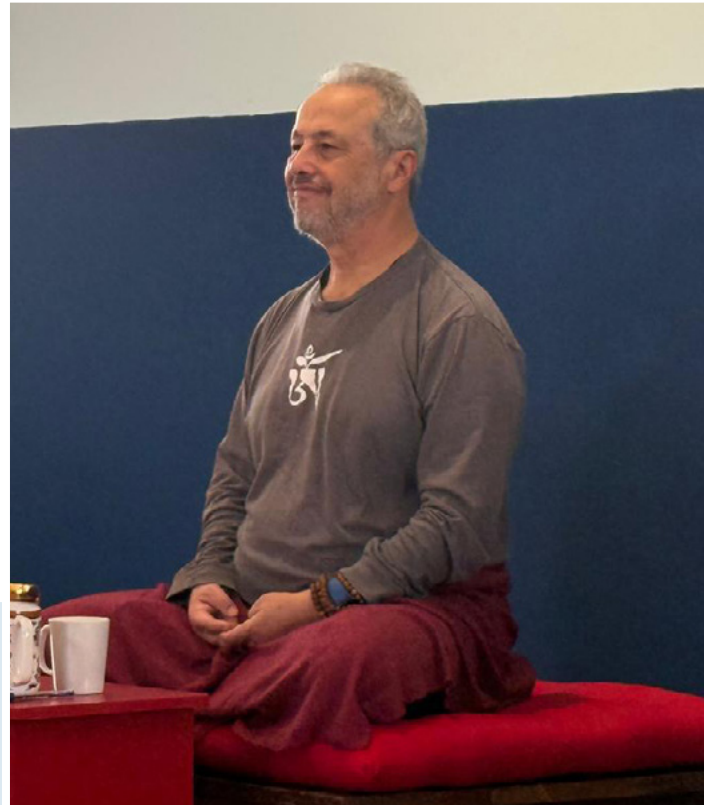
The 3 Doors Academy Runs in All Three Regions

In The 3 Doors Academy, students take part in 2.5 years of immersive study that includes online and in-person meetings and retreats. They engage deeply and rigorously in the process of self-reflection and meditation.

In 2025, we launched our third Latin American Academy in Brazil, and continued the third European Academy in Belgium and the seventh North American Academy in the US.

84 people are engaging in this transformative experience

7 new teachers join Senior Teachers in offering these Academies



Alejandro Chaoul, Senior Teacher



North America Academy 7



European Academy 3



Latin America Academy 3

Academy Participants Share Their Experiences



"Enrolling in the academy was the best decision of my life, as it has given me a wealth of experience and insight. Through ancient teachings—once the privilege of only a few but now accessible to everyone—we come to know our true selves. The group's cohesion greatly contributes to our own growth and that of others."

—Attila Szabó, Hungary, European Academy 3 Participant



"Tenho tido benefícios maravilhosos. Percebo um aumento de presença no meu corpo, na minha respiração, maior autonomia de energia, redução de carência emocional. Sensação de precisar de menos coisas para estar bem. Melhorei minha capacidade de meditar, tive pacificação de conflitos com pessoas próximas, e tenho gradualmente aprendido uma nova postura de me manifestar na vida, mais aberta, bem humorada."

"I have experienced wonderful benefits. I notice an increased sense of presence in my body and in my breathing, greater energy autonomy, and a reduction in emotional dependency. A feeling of needing fewer things to feel well. I have improved my ability to meditate, have found a sense of peace in conflicts with people close to me, and have gradually learned a new way of expressing myself in life, more open and good-humored."

—Dora Nogueira, Brazil, Latin American Academy 3 Participant



"Attuning to Inner Refuge is attuning to True Nature. It requires dropping into a different vibration, a different frequency. I can tell where I am based on what I am aware of, what language is present, and what sensations I am noticing in my physical body."

The experience of fear, fretting, stories of not enough, planning and preparing, negative fantasies... I am very familiar with this place, this pain body."

True Nature's vibration is different and recognizes interconnectedness, everyday miracles—like a heartbeat, breath, sunshine, and synchronicity. There is a language of gratitude, awe, and grace. Through these practices, I am becoming more familiar with this place, the Inner Refuge."

—Tiffany Landers, North Carolina, USA, North American Academy 7 Participant

The Compassion Project: A Pathway to Compassion for Self and Others

This comprehensive 9-month online meditation program supports participants to meet life's challenges with wisdom, warmth, and presence. Developed and launched in 2016 by Senior Teachers Gabriel Rocco and Marcy Vaughn, participants access compassion as a healing and creative force.

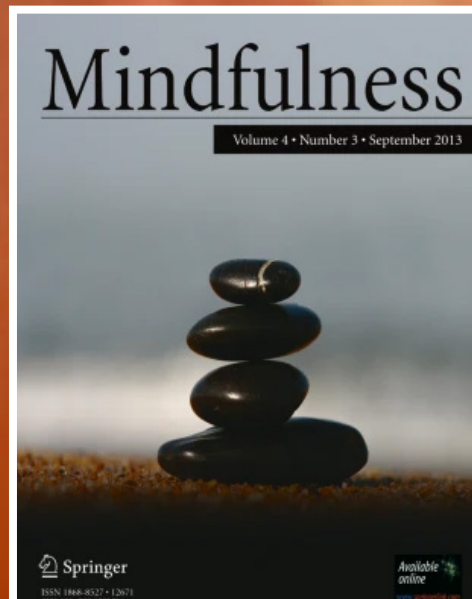
In 2025, Marcy and Gabriel began the ninth year of the Compassion Project while Lourdes Hinojosa and Patricia Vigil began their second year of offering it in Spanish. Currently, 76 people from around the world are discovering the support of The 3 Doors practices through this program.



L to R: Gabriel Rocco, Marcy Vaughn, Lourdes Hinojosa, Patricia Vigil



L to R: Emily Light, Hope Struck



NEW COMPASSION PROJECT RESEARCH PUBLISHED

In November, the journal *Mindfulness* published research highlighting the transformative impact of the Compassion Project. This is the second published study about the Compassion Project and contributes to a growing body of evidence showing how Tibetan mind-body meditation practices can support health and well-being. Participants reported meaningful increases in compassion, mindfulness, overall flourishing, and non-dual awareness—an open, present awareness in which the usual sense of separation between self and the world begins to soften.

[Read the article](#)

“Something that shifted for me in the Compassion Project was the ability to allow myself to have feelings, give myself space. I was able to be less reactive, be a lot more responsive, and give space to my children. That was a shift in my behavior in a real way, that I wasn’t aware would be so lasting.”

—Hope Struck, Compassion Project participant in interview with 3 Doors Program Coordinator Emily Light

[Watch the interview](#)

First In-Person Compassion Project Reunion Retreat

at Pendle Hill near Philadelphia, November 2025

Senior Teachers Marcy Vaughn and Gabriel Rocco came together with past participants of the Compassion Project for a nourishing 4-day in-person gathering. They were supported by the beautiful grounds at Pendle Hill and the atmosphere of peace and service that has been cultivated at this Quaker retreat center for many years.

“The teaching opened new ways of being present to my experiences, allowing me to touch into the deepening and transformation I was hoping for...Being in person with other practitioners was priceless.”

— Renée Daily, Retreat Participant



A Journey to Wholeness: Walking The Healing Path, Advanced Course

Integrate the disconnected parts of your human story

A Journey to Wholeness, created by Senior Teacher Raven Lee, is the advanced follow-up course to Walking the Healing Path. Designed for sensitive people and empaths, it explores how early experiences shape the mind, emotions, energy, and body, while offering meditation practices to clear blockages, establish protection, and prevent burnout.

In 2025, 32 participants from around the world met monthly with Raven Lee and in smaller, regionally-based groups led by ten teachers and presenters:



L to R: Rosario Arellano, Lourdes Hinojosa, Efraín Díaz, Patricia Vigil, Carlos Villarreal from Latin America; Eva Richter, Marco Zijlstra from Europe; and Carel Camerer, Juanita Rockwell, and Ken Okuno from North America.

*"Sensitivity is not a weakness. It is part of being human, a natural gift that allows us to attune deeply to others and to the world around us."
—Raven Lee, Senior Teacher*



Raven Lee, Senior Teacher



*"Most valuable was the focus on the heart and breath... Allowing myself to be as I am more and more. Discovering that I can surely be swept away into things, but not blaming myself too much and coming back, being held by my larger heart."
— John Kyte, Participant*

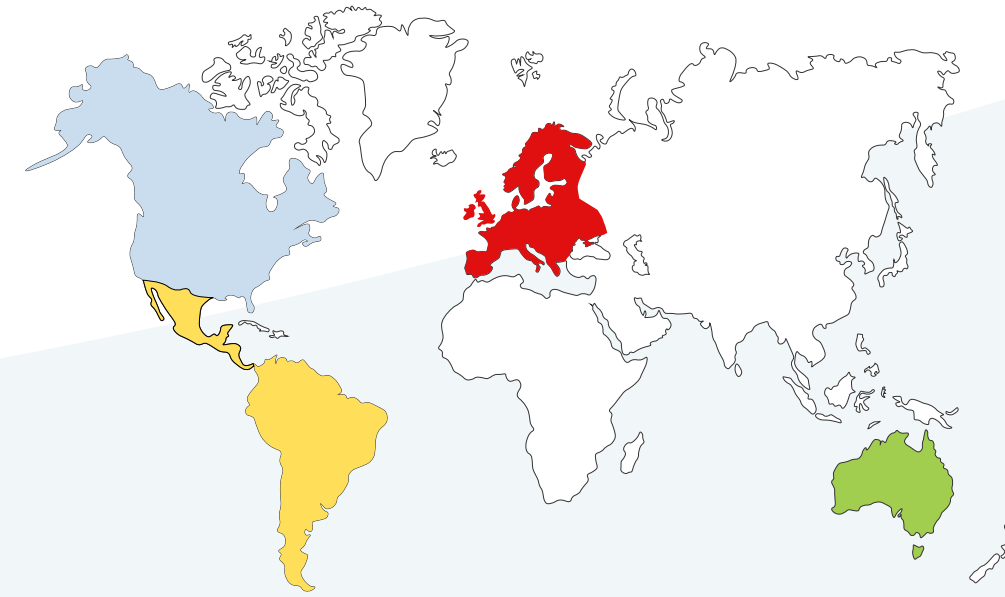
Gathering as a Global Community

There is more that connects us than separates us

INTERNATIONAL PRACTICE DAYS

In January and June 2025, nearly 300 practitioners from around the world gathered online for free practice events to experience the joys and power of collective meditation.

On each day, three guided meditations were led by 3 Doors Teachers: Susan Chorpensing and Anne Forbes from the US, Karolina Seltenheim from Austria, Walter Hoffman from Switzerland, and Carlos Villarreal and Patricia Vigil from Mexico. Small groups hosted by teachers and presenters invited participants to share their experiences of practice and the impact on their day-to-day lives.



Heart-felt thanks to our translators who make international gatherings possible.
Gracias, Obrigado, Danke, Bedankt, Merci, Kiitos, Köszönöm, Cnacu6o, Pzięki

THE HEART OF SELF-TRANSFORMATION: ONLINE WEEKEND RETREAT

In October, The 3 Doors founder Tenzin Wangyal Rinpoche and 3 Doors Teachers led a two-day online retreat for an international gathering of more than 180 people—an opportunity to gather across borders and time zones.

We opened the retreat on Sunday for the last practice led by Marcy Vaughn. This free community meditation addressed the deep unrest of the world and offered a space of refuge, renewal, and collective presence.

"It is always nurturing to practice in community, and I am grateful for the opportunity to speak and listen to practitioners from all over the world in the small group setting."

—Linda Childs, International Practice Day Participant

"In practice I was able to recognize and host the one who is exhausted and struggles with sleep and let her rest while I was awake and alert. It was incredibly liberating!"

—Emily Light, The Heart of Self-Transformation Participant

"Consegui abrir um pouco mais a porta do coração."

"I managed to open my heart a little wider"

—Sandra Capistrano, International Practice Day Participant

3 Doors Teachers and Presenters Touch Thousands of Lives

Supporting well-being and connection through meditation and creating community

In diverse settings around the world, 3 Doors Teachers and Presenters share the teachings and practices through their various fields of work and service. Mentored by our Senior Teachers, Presenters have invested a minimum of four years in the 3 Doors training process; Teachers have invested a minimum of 5 years.



IN 2025:

59 Presenters and **18** Teachers in **17** Countries

~2500 people participated in presenter/teacher led programs and offerings

9 new Presenters from North America graduated in November

2 Presenters Update programs ran in Europe and Latin America, opportunities for Presenters to infuse their guiding with fresh insights from Senior Teachers and to learn from one another.

CHANGES THAT MATTER

At the heart of every offering is a simple but profound shift: people discovering new ways to meet their lives.

Participants consistently describe:

- Greater emotional resilience
- A deeper connection to inner refuge
- Increased self-awareness and compassion
- A sense of belonging and connection
- Use of the practices in everyday life

WHERE PRACTICE HAPPENS

- Weekly meditation groups (online and in-person)
- Retreats and workshops
- One-on-one guidance
- Integration in professional settings (healthcare, education, and caregiving environments)
- Local, community-based offerings

"Mi Vida se ha vuelto mas ligera, puedo seguir fluyendo, ya que no me quedo estancada en los juicios y en el esfuerzo por cambiar aquello que me incomoda."

"My life has become lighter; I can keep moving forward, since I no longer get stuck in judgments or in trying to change the things that bother me."

— Participant in a Program Offered by a 3 Doors Teacher, Latin America

Strengthening Our Organization—To Strengthen Our Impact

In 2025, we made meaningful progress strengthening The 3 Doors for long-term stability, sustainability, and impact. This work was guided by a global community listening process that helped identify key priorities for our future.

STRONGER GOVERNANCE AND COLLABORATION

We refined our organizational structure to support both global alignment and regional vitality. A global board provides oversight, while increased collaboration among regional leaders is strengthening coordination and shared learning. At the same time, regions have greater autonomy to grow and respond to local needs. Many thanks to Anna McGrath for her continued support of the Board as we explore new ways of focusing our attention on regional development.

We also expanded our Board of Directors, welcoming Lori Bongiorno (late 2024), Steven Young, Treasurer, and Marco Zijlstra, whose experience and deep connection to the community strengthen our leadership.

FINANCIAL SUSTAINABILITY AND GROWTH

We took important steps toward a more sustainable financial future. Each region is developing its own business model, while our North American organization has begun a comprehensive program financial analysis to guide strategy and resource allocation.

We are also investing in our team to strengthen fundraising capacity, creating more space to cultivate donor relationships and explore new funding opportunities.

INVESTING IN TEACHERS AND FUTURE LEADERSHIP

Our continued impact depends on strong, well-supported teachers. In 2025, we redesigned our Teacher Training program, emphasizing experiential learning, collaboration, and the wisdom of our Senior Teachers.

We are planning a new cross-regional leadership structure (goal to launch in 2027) to oversee the content, quality, and integrity of our teachings, expanding this role beyond Senior Teachers to include experienced Teachers from all regions as part of our succession planning.

EXPANDING OUR REACH AND PARTNERSHIPS

Strategic partnerships are helping us reach new audiences. In 2025, we collaborated with Dharmaworks for an introductory retreat in Crestone, Colorado, and with White Pine Circle for an online guest webinar, while continuing valued partnerships with Ligmincha, Cybersangha, and Serenity Ridge.

We are refining our marketing and program strategy based on insights from our strategic planning process, program outcomes and feedback, and growing teacher community.

ETHICS AND INTEGRITY

We have begun a comprehensive review of our ethics policies and processes to more fully integrate accountability and ethical awareness throughout the organization.

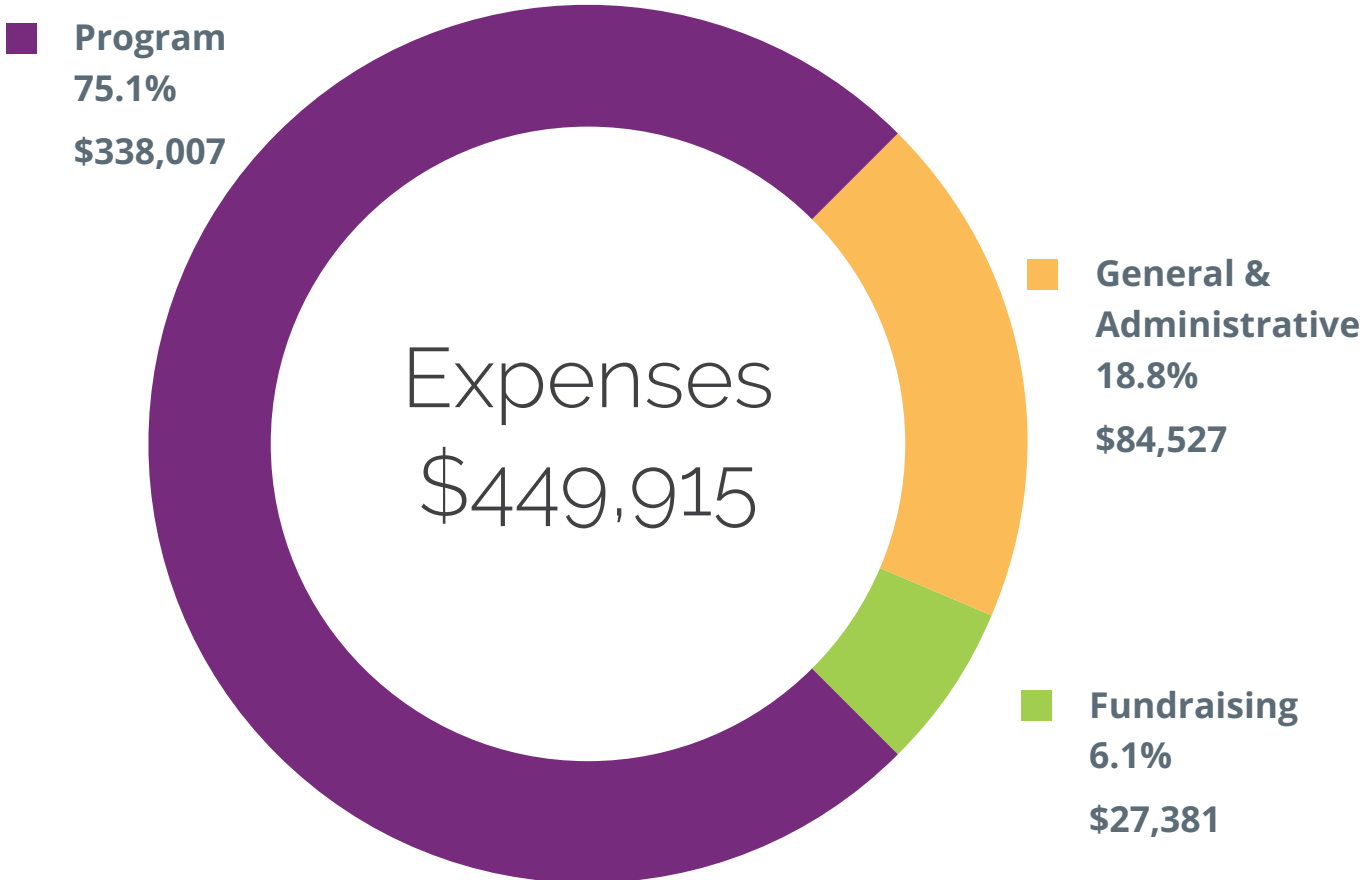
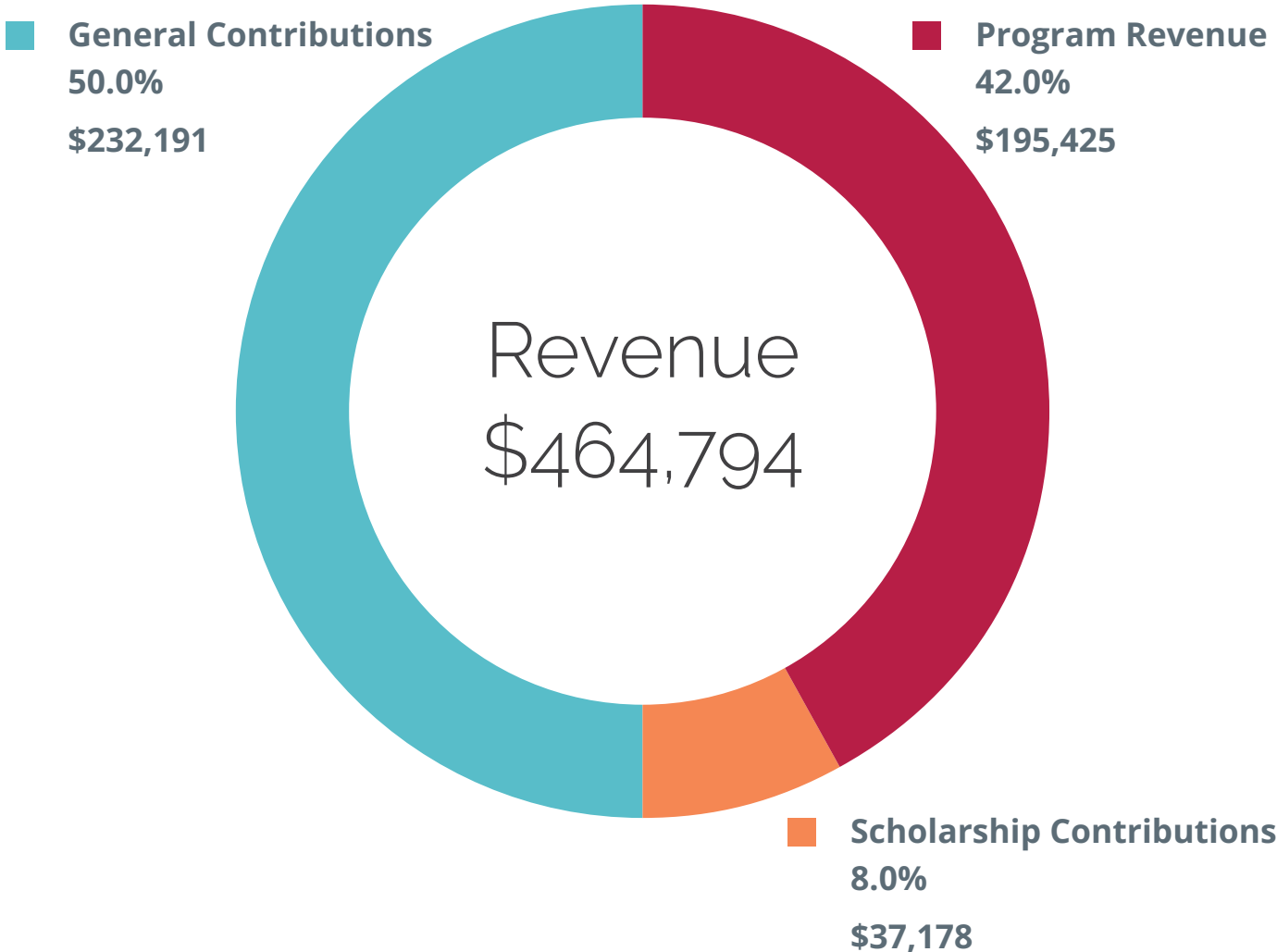
These efforts reflect our commitment to responsible stewardship and to building a strong foundation for the future. As we grow, we remain dedicated to transparency, collaboration, and developing an organization that can serve others for years to come.



2025 Financials

Thanks to our growing and committed community of donors, 2025 saw the first positive Change in Net Assets since 2020 - a surplus of nearly \$15K. We also reversed our Net Assets from negative to positive for the first time since 2022. At the end of the year, unrestricted cash was at an all time high, thanks to strong year-end donations as well as tuition received in advance of the 2026 programs. Our Operating Reserve (goal: 90 days of operating funds) ended the year with 37.5 days, a 5.5-day improvement over last year.

Surplus of \$14,879

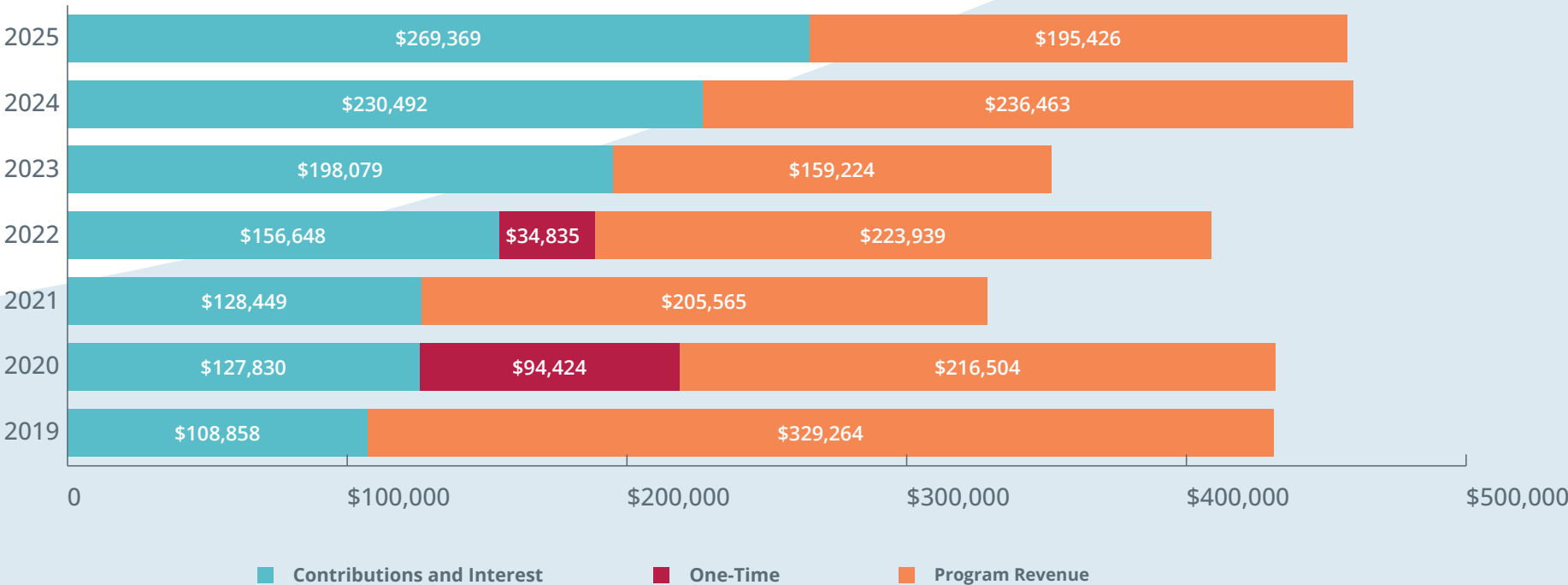


2025 Financials

Revenue

Contribution revenues are growing, helping build financial stability in part through a recurring donor base – our Giving Circles (see the following donor recognition pages). As planned, program revenue decreased due to fewer large programs as we prepared for Teacher Training in 2026. There was a revenue split of 40/60 program revenue to contribution revenue.

Revenue by type - 2019 to 2025



Change in Net Assets

In another strong year, our donors' generosity supplemented program revenue making all of our programs possible. In addition, this support enabled us to offer scholarships to all who requested them, as well as free and low-cost programs, increasing the accessibility of our teachings and practices.

Change in Net Assets - 2019 to 2025



Maria Christiansen
 María del Pilar Revuelta Rivas
 Maria Ester Lezama
 Maria Foy
 Maria José Freitas
 Maria Luisa Mazatan Garcia
 Maria Madalena Feitosa Antunes
 Marian Farrior
 Marielena Arizpe
 Marina Carla Canova
 Marisa Olmos
 Marjorie Adis
 Markus Schreiber
 Marta Ferreira
 Mary Claire Dilks
 Mary Margaret Moffitt
 Mary Schaub
 Mary Starich
 Maryel Sauve
 Maurine Malone
 Melinda Molnar
 Meryl Adelman
 Michael Piernitzki
 Michael Rodgers
 Michele Radford
 Miriam Jug
 Mitch Durell
 Molly Greace♥
 Monika Bittman
 Nancy Gilhool
 Nancy Leinwand
 Nancy Sausser
 Nancy Watts
 Natalia Bradshaw
 Nicole Spencer
 Nina Schwartz
 Olga Aikin
 Olli Erjanti
 Patricia Bowman & Richard Kolbell
 Patricia McIntyre
 Patricia Vigil ♥
 Patrick Mcdonald
 Patty Rassouli
 Paul Gibbs
 Polina Ginzburg
 Qatana Samanen
 Rāchel Tracy
 Raven Lee
 Regula Franz

Rena Rosenfeld
 Richard Bermack
 Robert Campbell Smith
 Robert Gonzales
 Roberto Ramirez Villarreal
 Robin Hall
 Rosario Arellano Rocha
 Sam Maclean
 Sandra Suty
 Sarah Jane Forman
 Sarah Nitschke
 Scott Jones
 Sharon Wauls
 Sheila Evans
 Sheldon Itzkowitz
 Sherry Martyn
 Sigridur Eythorsdottir
 Simcha Zevit
 Sita Vellaissamy
 Sona Lotfi
 Stacey Meadows
 Stephanie Bertucci
 Stephanie Doucette♥
 Steven Friedman
 Stu Pender
 Sue Coen
 Suely M B Mesquita
 Suely Maria Silva
 Susan Burak
 Susan Killian
 Susan Lape
 Susie Daily
 Suzyn Kelley♥
 Syelle Gerken
 Sylvia Strahlberger
 Tamara Blesh
 Teresa Montano
 Terri Brown
 Ton Bisscheroux
 Tove Gilbert-Morgan
 Tran Kimbel
 Ulle Pinkernell
 Virginia Goldberg
 Waldemar Rybka
 William Peters
 William Stoycos
 Yara Vago Cristo Yara
 Yeshe Nangwa
 Zaydee Hesketh

ORGANIZATIONS & COMPANIES

Dharmaworks
 Google (Employee Match)
 Tibetan Yoga Wellbeing

FOUNDATIONS

Fidelity Charitable
 National Philanthropic Trust
 Vanguard Charitable

SILENT AUCTION

Thank you to all who participated in our 2025 silent auction. A special thank you to the following individuals and organizations that donated the items that made it such a success!

Alejandro Chaoul
 Anne Forbes & Jim Lorman
 Anonymous
 Anonymous
 Chamma Ling
 Dennette Myers
 Elizabeth Martin
 Emily Lewis
 Emily Light
 Frank Jeri Gomez
 Gabriel Rocco
 Jeanette & Andrew Witten
 Juanita Rockwell
 Kathleen Hayden
 Lourdes Hinojosa
 Lynne Patrice
 Marcy Vaughn
 Raven Lee
 Renée Daily
 Rob Patzig
 Sarah Williams
 Serena Morris
 Serenity Ridge
 Stephanie Grasso
 Steven Friedman
 Stu Pender
 Tenzin Wangyal Rinpoche
 William Gonnsen

PLANNED GIVING

Thank you to those who have planned a legacy gift to The 3 Doors. You are helping ensure The 3 Doors will be around to serve generations to come.

Emily Lewis
 Frank Jeri Gomez
 Juanita Rockwell
 Marcy Vaughn
 Patricia Gift
 Patricia Vigil
 Phil Tonne
 Renée Daily
 Sue Chorpenning & Ken Okuno
 Suzanne Weaver & Ken Morlino

Please let us know if you've included The 3 Doors in your legacy giving plans. We would be honored to acknowledge your generosity.

The 3 Doors Giving Circles

In 2025, nearly 30 individuals renewed their annual commitment to support The 3 Doors through participation in one of our Giving Circles:

- ♥ The Collective Heart – Monthly gifts up to \$99 / Annual gifts up to \$1,199
- ✍ The DZA Circle – Annual gifts from \$1,200 to \$9,999
- The Sustaining Circle – Annual gifts of \$10,000 or more

Together, these committed donors offer a strong foundation from which our organization can serve our community and grow our impact. Thanks to their dedication and generosity, our organization can plan for the future with confidence and invest in the expansion of our programs and the development of our practitioners, presenters, and teachers.

In Memorium

We are honored to receive a legacy gift from **George (Rick) Moore and Sarah Romo**, beloved friends of The 3 Doors. Their generosity had an immediate and meaningful impact through the funding of scholarships, with ripple effects reaching well beyond our community. Both were dedicated practitioners who formed deep friendships through their involvement. They are remembered for their warmth, humor, kindness, and presence, and are deeply missed.



George (Rick) Moore and Sarah Romo

The 3 Doors thanks you.

We are grateful for the continued commitment of our community and the generosity that supports our well-being and growth. In 2026 the need for compassion, resilience, and healing remains as strong as ever.

THANK YOU to Our Board of Directors

Marcy Vaughn, Board President
Steven Young, Treasurer
Patricia Gift, Secretary
Anneke Dekkers
Frank Jeri
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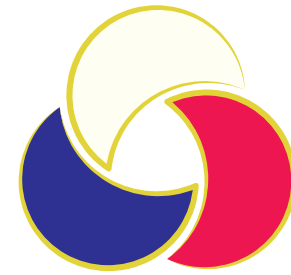
The Three Doors' 990 can be found at www.guidestar.org and is available upon written request to the Office of Charitable and Regulatory Programs, Commonwealth of Virginia.

The Three Doors is a nonprofit, 501(c)(3), tax-exempt educational organization dedicated to transforming lives through meditation.

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3 Doors community members and Lora Reehling Photography provided the photos in this Annual Report, design and layout by Sarah Williams. Special thanks to all who contributed.



Meditation at Pendle Hill