



## Application for The 3 Doors Academy

Thank you for your interest in entering The 3 Doors Academy. If you have any questions about the application process, please don't hesitate to reach out to Chelsea our Program Liasion at Chelsea@the3doors.org.

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### YOUR CONTACT DETAILS

Name:

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Day    Month    Year

Address:

Phones: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email Address:

Emergency Contact & Phone #:

### EDUCATION AND WORK EXPERIENCE

Highest Level of Education and Degrees:

Current Occupation:

First Language and Degree of Fluency in English:

Volunteer Experience Summary:

## **TELL THE ACADEMY TEACHERS ABOUT YOU**

Please answer these questions in English, responding with no more than 500 words per answer.

Your reflections will be seen by the Academy Teachers only.

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1. What draws you to apply to the Academy at this point in your life? What do you hope to receive and to achieve through this journey?
2. Where do you feel most alive in your life? What is important to you?
3. Where do you turn for support in your life? Has meditation played a role in your journey? If so, please describe any significance meditation has for you. What are your personal experiences (if any) in working with The 3 Doors practices?
4. Reflect on your strengths and weaknesses as they have manifested during your journey of personal growth and healing. Describe a time or instance of challenge or difficulty in your life and what supported you to get through the challenge. How does this challenge live in you now?
5. Do you have any psychological and/or medical conditions that may affect your ability to participate fully in the academy? Are you taking any medication or alternative forms of health care treatment that may affect your ability to participate fully in the academy? If so, will you agree to a personal conversation with an Academy teacher of The 3 Doors concerning this?
6. Describe a personal strength you will bring to your academy group. What do you hope to receive from other group members?

## **ONE LETTER OF PERSONAL REFERENCE**

Please provide a personal letter of reference in English from any of the following: a friend who has known you longer than five years, a therapist, employer, teacher, colleague etc. (Tenzin Wangyal Rinpoche is not able to provide reference letters for applicants, nor are the Academy teachers.) The reference letter may be sent as a Word or PDF document along with your completed application form.

*Thank you for your time and interest in joining The 3 Doors Academy!*